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A Little Off The Top Helpful Tips

Congratulations on receiving your hair prosthesis/ hair unit. Here are some helpful ways to maintain and care for your unit:

1. Before bed or lounging, wrap your hair unit with a stocking cap, du-rag, or silk scarf. Be **extremely** careful when removing your wrap. Make sure to hold your unit in place and lift wrap slowly to avoid snagging and lifting your unit away from its adhesive base. A silk pillow case is a great investment and is highly recommended.
2. **DO NOT** brush your unit directly, you can lightly brush the sides and back of your own hair with a soft or medium bristle brush. Use the corner of your hair brush when brushing, making sure to maintain the blending of the unit and your hair. **Excessive brushing may cause shedding.** Only brush your hair when needed. For long hair units you can use a curl sponge for styling.
3. Try to avoid getting your hair unit wet. Use a shower or swim cap when necessary and be extremely careful when removing.
4. If unit lifts or loosens use a Q-tip to clean area with alcohol lightly. Next, apply a small amount of adhesive/glue using a small makeup brush (not too much to prevent glue from seeping through the unit's base.) Wait approximately 3 minutes and carefully reattach unit to recovered area. Use a low setting blow dryer briefly to ensure adhesive is dry and unit is affixed securely.
5. If your scalp begins to itch or feel dry you can use an anti-itch or eczema spray such as **MetaDerm Scalp and Body Care Natural Eczema or Seborrhea Soothing Spray**. Only spray a small amount then wrap your hair with your stocking cap, du-rag, or silk scarf.
6. If you often perspire because of exercise or hyperhidrosis you should consider using a scalp antiperspirant. We recommend **PHL No Sweat Anti Perspirant Spray**. You can also protect your

hair unit with a scarf, du-rag or stocking cap before engaging in any intense activities that may cause you to perspire profusely.

7. If you would like to wear any type hat or cap, **always** use a stocking cap underneath to prevent detachment or loosening of the hair unit.

8. A light pomade or moisturizer can be used on your own hair occasionally, but not too often to avoid loosening the hair unit.

9. You can add hair fibers to shape up your hairline or even out areas you see fit. Apply holding Spray then apply hair fibers with a small eyebrow brush and apply additional holding spray to ensure the placement of the fibers.

10. Your unit does not need to be brushed throughout the day. You can carefully brush your own hair with a soft to medium bristled brush to insure blending of your own hair and the hair unit at its transition and attachment point.

If for any reason you still have questions you can contact me for additional information.

Your unit looks great! Don't become paranoid or tamper with your unit unnecessarily. Taking the above steps in caring for your unit will insure a natural looking unit longer. Enjoy it!

We appreciate your business and hope you enjoyed your experience and our services!